



Eagle Wings

**MARCH
2014**



ST. JOHN'S EPISCOPAL CHURCH
VERSAILLES, KENTUCKY www.stjohnsky.com



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DEADLINE for Eagle Wings
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Articles, news or photos for *Woodford
Sun* or *The Advocate* should be placed
in the Eagle Wings mailbox in the
church office and marked News for
Woodford Sun and The Advocate.
If you have any questions, please
contact Sara Hellard.

The 40 Days of Lent Begin on March 5th Ash Wednesday

Imposition of Ashes and Holy Eucharist:

Noon in the Church

6 PM in the Church

Worship Schedule

Sunday

8:00 a.m. Holy Eucharist (Chapel)

10:00 a.m. Holy Eucharist (Church)

11:00 Sunday School

Wednesday

10:00 a.m. Morning Prayer (Chapel)

5:30 p.m. Holy Eucharist & Unction (Chapel)

FROM THE RECTOR



Quieting the Soul this Lent 2014

The latest Oxford American Dictionary, defines “soul” as: *the spiritual or immaterial part of a human being, often regarded as immortal...the moral or emotional or intellectual nature of a person or animal.* As Christians we focus on that first definition—the soul as that which is at the very heart of our being. The soul is the very essence of who God created us to be, and it is the soul to which God continues to call for us to become all that we can be..

Reflect on these “soul” references from Scripture:

Genesis 2:7—*And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.*

Deuteronomy 6:5—*And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.*

Psalm 23:3—*He restoreth my soul.*

Psalm 42:2—*My soul thirsteth for God.*

Psalm 103:1—*Bless the Lord, O my soul, bless his holy name.*

Matthew 11: 28-30—*Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest for your souls.*

There is a cartoon in the “The New Yorker,” magazine that shows a man lying on a sofa. Alongside the sofa there is an empty chair. Then you notice, the man lying on the couch is holding onto a pad and pencil. Ever feel that way about where your soul is? So the question becomes perhaps, *how do we quiet the soul?* Stated in an even clearer way is *how can we nurture our souls* this Lent 2014?

Perhaps we need to reinvent the Sabbath in our lives. So much of what we seem to experience today has to do with a sense of Sabbath loss. One of the best images for me of what that once was is found in a particular episode of the 1960's television series *The Andy Griffith Show*. The exact image is of Andy and Barney rocking on the front porch following the Sunday Church service having a long discussion as to whether or not Barney will run to the corner drugstore to buy some ice cream!

Dorothy Bass in her classic book, Receiving the Day, writes: *When we keep a Sabbath holy, we are practicing for a day, the freedom that God intends for all people.* I would push this even further to say that it is one of the fundamental ways that we quiet and nurture our souls. So how do we proceed?

Sabbath keeping can be different for each of us—our souls are unique and fed differently. Yet there are some fundamental practices that each of us needs to pursue. We begin with setting aside the time—dedicated time specifically for our souls. Do you have a day during the week where you do not work in any way, and do not do activities that cause you to worry? Things like paying bills... checking e-mails...scrolling though Facebook...voicemails...returning phone calls...checking your calendar; all of these are really non-Sabbath activities. And all of these activities are those that do not quiet and nourish the soul. Are you able to set one day and specifically one hour aside each week to worship God?

Thomas Merton writes in his classic, The Seven Storey Mountain about one night, during his stay in Rome, when he experienced a spiritual awakening:

I was in my room. It was night. The light was on. Suddenly it seemed to me that Father, who had been dead more than a year, was there with me. The sense of his presence was as vivid and as real and as startling as if he had touched my arm or spoken to me. The whole thing passed in a flash, but in that flash, instantly, I was overwhelmed with a sudden and profound insight into the misery and corruption of my own soul, and I was pierced deeply with a light that made me realize something of the condition I was in, and I was filled with horror at what I saw, and my whole being rose up in revolt against what was within me, and my soul desired escape and liberation and freedom from all this with an intensity and an urgency unlike anything I had ever known before. And now I think for the first time I really began to pray—praying not only with my lips and my imagination, but praying to the God I had never known, to reach down towards me out

of His darkness and help me get free of the thousand terrible things that held my will in their slavery. (p.111) Thomas Merton's soul became quiet for the first time and God simultaneously began to nourish it.

May you find ways to quiet and nourish your souls—may you begin by reinventing the Sabbath in your life.

Father Philip+



St John's delegation to Diocesan Convention with Fr. Philip



SHROVE TUESDAY PANCAKE SUPPER

The Annual Shrove Tuesday Pancake Supper, prepared and hosted by the St. John's Men's Club, will be held on March 4th in Hosea Hall. A wide variety of pancakes and sausage will be served and we always have a good time. Wear your Mardi Gras beads and plan to fatten up on Fat Tuesday. See Sam Hawkins, Ben Harper, or any Men's Club member for details.

Allison Assay Duvall and Her Irish Dancers to Perform Here March 7th

If you've ever met her, you know Allison lights up the room--and when she brings her dancers along, a party can't be far behind. Join us to watch authentic Irish Dance performed while we dine on authentic Irish stew. The party's in Hosea Hall on March 7th. You may sign up to bring Irish stew, Irish bread, or dessert. Ann LeFever will provide the stew and bread recipes, so we are all making and eating the same things.

We hear a certain choir member is also being cajoled into singing a few Irish shanty songs, too. So, wear your greenest green and come to the party--it won't be the same without



MARCH SERVER SCHEDULE

	2-Mar	5-Mar	9-Mar	16-Mar	23-Mar	30-Mar
	8:00	Ash Wed	8:00	8:00	8:00	8:00
Acolyte	Becky Arthur		Vickie Duff	Becky Arthur	Ann Richmond	Becky Arthur
Altar Guild	Susan & Betty	Vickie Duff	Vickie Duff	Debby Edelen	Vickie & Jane	Susan & Betty
	10:00	Noon	10:00	10:00	10:00	10:00
Crucifer	Caitlin Murphy	Ned Meekins	Eric Sandknop	Conrad Linder	Ned Meekins	Linda Wardle
Torch Bearers	McEwen Baker & Linda Reeves		Willa & Quinn Cardwell	Maddie Collingsworth & Linda Reeves	Sophie Edelen & Leah Cardwell	Tracy and Ellie Clay
Acolyte	Cindy Kinkead	Ben Harper	Ann Richmond	Katherine Harper	Linda Reeves	Cindy Kinkead
Chalice	Conrad Linder	David Richmond	David Richmond	Christine Brasseale	Vickie Duff	Christine Brasseale
Lector	James Wells & David Richmond	Noon: David Richmond 6:00 Patrick Hall	Jillian Hall & Patrick Hall	Jay Box & Stacey Oxlade	Debby Edelen & Julie Ross	Emily Cardwell & Virginia Ballard
		6:00				
Gift Bearers	Mark & Karla Myers	Lector: Patrick Hall & Jillian Hall	Todd, Angel & Ian Cooper	Collingsworth Family	Patrick Hall & Jillian Hall	Sara & George Hellard
Ushers	Ron Mobley & Sam Hawkins	Todd & Angel Cooper	John & Teresa Range	Bob & Wanda Johnson	Todd & Angel Cooper	Rick Keeling & Louise Jones
Altar Guild	Virginia & Connie	Virginia Ballard	Christine & Stacey	Vickie & Julie	Virginia & Connie	Christine & Stacey
Brunch	Bruens		Jones / Vandenberg	Crowley	Linder / Keeling	Hansen / Cundiff
		Crucifer: Linda Reeves	12-Mar	19-Mar	26-Mar	30-Mar
Acolyte		Katherine Harper	Katherine Harper	Ned Meekins	Vickie Duff	Ben Harper
Altar Guild		Chalice: Vickie Duff	Vickie Duff	Virginia Ballard	Virginia Ballard	Vickie Duff

FROM THE SENIOR WARDEN

I'm writing this at the end of a warm February Saturday. Next week could be cold and snowy or icy again. But today the sun has shone and I've glimpsed some signs of spring. I saw a robin on my walk, and there are 3 new calves in the field behind our house. And I was very surprised to see some tulip leaves just above ground. A planter of succulents I put on the patio last summer is leafing out; I'm hoping these little plants survive the next wave of winter.



As we move into Lent on Ash Wednesday, March 5th, I know many of us will be considering what we can do to deepen our faith by giving up something that perhaps gets in the way of a faithful life, or taking on something to deepen our lives of faith. Everyone is so busy these days, it's hard to think of taking on something new, but just adding a few minutes to focus and pray can so enrich our lives and our faith.

Every year Ash Wednesday is on a different date, as is Easter, but every year we do the same things in this season. We fatten up on pancakes on Shrove Tuesday, courtesy of the Men's Club. We humble ourselves at Ash Wednesday services, ashes to ashes, dust to dust. And we wait, we repent, we worship. We seek the ways we can grow in our relationship with God, whether by giving up or taking on...whatever it is we need to do. In this season, that seeking is intentional, more fervent than in any other.

The atmosphere in our church reflects this intentional seeking; there are no altar flowers, no alleluias, and our music is contemplative.

All the while, we will be watching spring unfold this year, with its promise of warmer days, green grass, new leaves, and all the beauty of God's creation in flowers, foals, birdsong and bee-buzz. I pray for a grateful heart, to see and love and give thanks for all the beauty around me. And I pray for a caring heart, to see and tend to all that's not so beautiful around me—I pray to know how and when to help make things better.

And always, in every season, I give great thanks for you, the people of St. John's. We are truly blessed to have such a lovely church filled with kind and loving people. I have been blessed with a wonderful family—parents, sisters, children and grandchildren, even in-laws! But you, my church family, enrich my life in ways I can't describe. My cup runs over.

God bless us, every one, as we journey together into Lent. Let us each find the way closer to the heart of God, and grow closer to each other as well.

God's Peace-
Vickie Duff

ALTAR GUILD:

The Altar Guild will be polishing silver and brass on Saturday, March 15th from 9 a.m. until done. We take all polishers, whether you're in Altar Guild or not! Bring rags if you have them. This is a huge job, long overdue, and we need all hands on deck. Please call Vickie Duff at [859] 608-3940 or email me at vickieduff22@gmail.com with any questions.



The Daughters of the King Chapter of St. John's

invites you to our Lenten Quiet Day on Sat. March 22. We will meet in Hosea Hall at 9:00 a.m. for coffee followed by Flo Mayer leading us in "The Beauty and Joy of the Prayer Book". Flo is the widow of a former rector of St. John's, Fr. Harry Mayer. Let's give Flo a welcome with our presence. She has just been appointed to the Board of the St. Agnes House, one of our outreach ministries, and is an enthusiastic believer in the importance of prayer for Christians. Please be our guest for lunch which will conclude the morning. Look for the sign up sheet in Hosea Hall and phone Sara Hellard 873-5728 or Betty Gill 879-6844 if you have questions.

Beatles Eucharist

Friday, April 25th 6 p.m.

Offering will be donated
to the WOODFORD
COUNTY FOOD BANK'S
BUILDING FUND

Come sing along to your favorite Beatles' songs, celebrate Holy Eucharist, and help raise money for the Food Bank's new building—they have to move by 5/31/14! Invite your friends! [Tie dye and bell bottoms not required but ok!]

St. John's 2013 Ministry Directory

Altar Flowers.....Cindy Kinkead
 Altar Guild.....Vickie Duff
 Baptisms.....Father Philip Linder
 Buildings and Grounds.....Todd Cooper
 Christian Education.....Emily Cardwell
 Clerk of the Vestry.....Patrick Hall
 Clothing Bank.....Sara Meekins
 Community Dinners.....Louise Jones
 Daughters of the King.....Betty Gill
 Eagle Wings.....Ann Richmond
 Episcopal Church Women...Shirley Elkins
 Episcopal Youth.....
 Finance Committee.....Jay Box
 Food Bank.....Louise Jones
 Funerals.....ECW
 Garden.....Jo Hughes
 Housekeeping.....Penny Thurman
 Junior Warden.....Todd Cooper
 Kroger Cards.....Gayle Box
 Lay Eucharistic Ministry...Sarah Sandknop
 Men's Club.....Ben Harper
 Music and Worship.....Linda Reeves
 Needlepoint.....Maribell White
 Newcomers' Committee.....Al Beatty
 Organist/Choirmaster.....William Webber
 Outreach.....Louise Jones, Rick Keeling
 Parish Email.....Elaine Menges
 Parish Life.....Jane Hansen
 Parish Secretary.....Kathy Sparrow
 Pastoral Care Ministry.....Sarah Sandknop
 Personnel.....Father Philip Linder
 Reading Club.....Sara Meekins, Betty Gill
 Rector.....Father Philip Linder
 Recycling.....Ned Meekins
 Senior Warden.....Vickie Duff
 Stewardship.....Jay Box
 Sunday Brunch.....Ann Richmond

*The Rector, Vestry,
 and people of St. John's
 offer their love, prayers, and
 deepest sympathy to
 Fr. Alan Sutherland, Judi
 Sutherland,
 and Elly Sutherland on
 the loss of their son James
 Sutherland.
 Rest eternal grant to him
 O Lord,
 and may light perpetual
 shine upon him.
 +Amen.*



Sunday School.....Emily Cardwell
 Treasurer.....Julie Skeeters
 Website.....Sarah Sandknop
 Weddings.....Father Philip Linder
 Woodford Sun.....Sammy Cundiff

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